

Wao Vision Trip

Ecuador Packing List

Typical Daytime Weather: 70-80 Degrees, May feel like 100+ with humidity
Typical Nighttime Weather: Cools Down to the 50's

OUTSIDE the Jungle

- 1 outfit for travel
- 1-2 Changes of casual clothes (shorts and jeans)
- Lightweight windbreaker (Waterproof) and Sweater/jacket
- Comfortable walking shoes
- Roll of toilet paper (for when we are traveling around)
- Small bills for Souvenirs and Snacks (Ecuador uses United States currency)

INSIDE the Jungle

- Lightweight backpack
- 1-2 hydration packets per day
- 2-3 outfits (bottoms: lightweight pants, modest shorts, or zip-off pants)
(tops: t-shirts, Supplex material shirts or 100% nylon shirts)
- Long-sleeved shirt and sweatpants (or scrub pants) for sleeping.
- Knit cap and lightweight jacket optional (for cooler nights)
- Knee-high socks (4-5 pair) to be worn with boots and at bedtime.
- Comfortable cap or hat (for sun/rain)
- Small camera or video camera (if desired, bring batteries)
- Small flashlight (headlamp recommended - can be purchased at Walmart)
- Very small containers (**Enough for 3-4 days only**) of shampoo, toothpaste and other essential toiletries
- Water bottle with carrying strap or carabiner.
- Swimsuit (or extra undergarments for Ladies if you swim in clothes)
- Flip flops for camp and showers while in Ecuador

Jungle boots will be provided up to size 12.

If your feet are larger than size 12 you must bring your own rubber boots.

Sunscreen and insect repellent will be provided.

Total weight will be limited to 10 pounds in the lightweight backpack!

Your carry-on suitcase will be securely stored in Shell Mera while you're in the jungle.